

## Build Your Activities List

### Directions:

Once you have reviewed [How to Build a Powerful Activities List](#), use the empty templates and strong verbs list to describe your activities.

### Remember:

List them in order of importance to you and don't worry if you don't have 10!

### Activities Template

Activity Type	Choose the option from the dropdown menu that best describes the activity
Position/Leadership description (max characters: 50)	State your position; add an impact statement when possible
Participation grade levels	Check all that apply ( 9, 10, 11, 12)
Hours spent per week*	Estimate the time spent each week dedicated to the activity (if it varies, average)
Weeks spent per year*	State the weeks you spent
I intend to participate in a similar activity in college.	Only check Yes for activities you truly plan to participate in.
Organization Name (max characters:100)	Be specific, avoid acronyms unless they are well known
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters: 150).	Stand out by using strong verbs and vocabulary

## Activity 1

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

## Activity 2

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

### Activity 3

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

### Activity 4

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

## Activity 5

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

## Activity 6

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

### Activity 7

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

### Activity 8

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

### Activity 9

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	

### Activity 10

Activity Type	
Position/Leadership description (max characters: 50)	
Participation grade levels	
Hours spent per week*	
Weeks spent per year*	
I intend to participate in a similar activity in college.	
Organization Name (max characters:100)	
Please describe this activity, including what you accomplished and any recognition you received, etc. (max characters:150).	