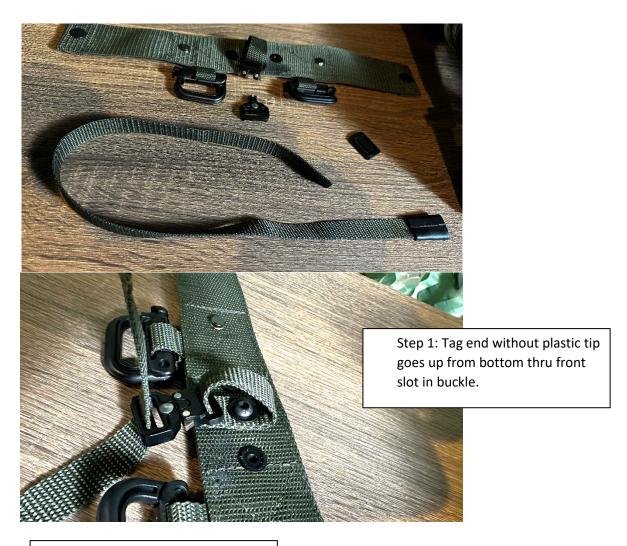
## Attaching safety strap to chest strap buckle



Step 2: Tag end then goes down thru back slot in buckle.



Step 3: Pull tag end thru buckle until plastic tip on opposite end is near the buckle.





Step 4: Put plastic buckle on tag end of safety strap. This end will go through attachment slot on monopod ring.

## Attaching Speed-shooter harness safety strap to the/your monopod

Please note: if you did not purchase the monopod as part of your Speed-shooter harness, then there is no guarantee that the safety strap will attach well to your monopod. Your monopod must have a ring/eyelet to which a wrist strap attaches as this is where the safety strap needs to be attached. If your monopod does not have a ring/eyelet then there is no place for the safety strap to attach. See diagrams below for how to attach safety strap to a monopod with a ring/eyelet.



Step 1: unscrew the top plate from the monopod to gain access to the ring/eyelet where the wrist strap was attached. How the top plate detaches varies by monopod make and model. Thread safety strap tag end with the plastic buckle already on the strap through the topside of the eyelet in the monopod ring.



Step2: Thread the strap back through the underside of the buckle to secure it to the eyelet. The strap threads through the buckle from the bottom under the existing strap around the buckle center piece, and back out.



Step 3: put the ring/eyelet back on top of the monopod and screw the top plate back on top to secure the ring and top plate to the monopod.



Step 4: screw gimbal head to top plate.